

cal analyses are conducted to assess the significance of trends.

RESULTS: Up to 155,000 type-2 diabetes patients are identified in each year. Insulin was used by 21.6% in 1997, decreasing to 20.3% in 2000. During the same period, the use of insulin-alone declined from 12.6% to 9.9%, while the use of insulin and OADs in the same year increased from 9.0% to 10.4%. Patients receiving insulin, compared to patients treated with OADs or no drug therapy, were more likely to have significant diabetic comorbidities (54.4% vs. 26.1% and 21.5%), and more doctor visits per year (9.2 vs. 7.4 and 6.8).

CONCLUSIONS: It appears that the use of insulin therapy for treating type 2 diabetes patients has declined slightly over the past four years (1997–2000), possibly in response to the introduction of new oral antihyperglycemic drugs and the widespread promotion of treatment guidelines. It is likely that the use of insulin combination therapies has increased, while the use of insulin monotherapy has decreased over the same time period.

PDB14

PATIENT'S PERSPECTIVE OF HYPOGLYCEMIA AS AN ADVERSE EFFECT OF ORAL ANTIDIABETIC MEDICATIONS

Salas M¹, Caro JJ¹, Sung J², Garfield F¹

¹Caro Research Institute, Concord, MA, USA; ²Novartis Pharmaceuticals Corporation, East Hanover, NJ, USA

OBJECTIVE: To assess patient perspective on hypoglycemia in patients with type 2 diabetes taking oral hypoglycemic agents (OHAs).

METHODS: A questionnaire was developed to explore the subjects' perception and knowledge of hypoglycemia, including frequency and severity of symptoms. We also assessed the potential relationship of hypoglycemia to OHAs. Thirty-one study subjects with type 2 diabetes and at least 30 years of age responded to advertisements to participate in this study. Patients were distributed in three groups according to age and previous experience of hypoglycemia: group 1: older patients with hypoglycemia experience, group 2: patients without previous hypoglycemia and group 3: adults with previous hypoglycemia. Patients completed a questionnaire and then took part in a moderated focus group.

RESULTS: Eight subjects in group 1 (mean age 66.4 ± 2.8 years old) and 12 patients in group 3 (mean age 52.7 ± 6.4 years old) reported experiencing hypoglycemia; while 12 patients in group 2 (mean age 56.8 ± 6.8 years old) reported, "not experiencing hypoglycemia" in the past. Patients completed the questionnaire and then participated in a moderated focus group. Less than 25% of group 1 and 2 patients recognized the symptoms of hypoglycemia. Approximately 27% of patients in group 2 experienced these symptoms but none recognized they were manifestations of hypoglycemia and 18% reported that they experienced trembling very often or always.

None of the subjects connected these symptoms with their antidiabetic medications. All patients in group 1 seemed to be surprised that OHAs have side effects. Approximately 25% of patients gave a wrong definition of hypoglycemia in their questionnaires.

CONCLUSIONS: There seems to be a large information gap about hypoglycemia. Patient and provider education is needed to help patients to understand what hypoglycemia is or recognize the symptoms of hypoglycemia.

PDB15

USING SURVIVAL MODELS TO PREDICT THE START OF INSULIN IN PATIENTS WITH TYPE 2 DIABETES MELLITUS

Rosenblum MS¹, Dirani R², Bowman A³

¹Integrail, Latham, NY, USA; ²Aventis Pharmaceuticals, Bridgewater, NJ, USA; ³Union College, Schenectady, NY, USA

OBJECTIVES: The objective of this study was to determine if routinely collected administrative claims data could be used to effectively predict what segment of a population of patients with type 2 diabetes mellitus (type 2 DM) would progress to insulin as part of their drug regimen.

METHODS: To determine the time until a patient with type 2 DM starts insulin, defined as survival time, we used the PHREG procedure of SAS. This procedure uses Cox's proportional hazards model in order to estimate survival functions for diabetic patients. Based on the number of medications in the patients' regimen, eleven models were developed to predict the number of patients in a cohort expected to start insulin therapy over the two-year study period. The models were also used to identify the patients most likely to start insulin therapy and to estimate their probability. Split sample design was used to gauge the predictive ability of the models.

RESULTS: In the monotherapy cohort model, the average of the absolute difference between the predicted and actual number of patients starting insulin each month was 0.965, with the maximum error for any month being 4.1 patients (an average of 27 patients started insulin per month). 27.03% and 24.12% of the patients that went on insulin within six months or two years respectively were in the top 10% in terms of risk. In comparison, 3.3% and 3.53% of the patients that went on insulin within six months or two years respectively were found to be in the bottom 10% in terms of risk.

CONCLUSIONS: This study demonstrates that survival models can be used to predict and identify patients with type 2 DM who will require insulin as part of their treatment regimen. As a result, it is possible to develop tools based on these models that can be used by practitioners to assist in patient care.